



Golden Acres R. O. Association, Inc. 2024-2025

President	Tammy Davis
Vice President	Paula Bunevith
Treasurer	Don Webb
Secretary	James Schmitt
Director	John Nabb
Director	Randy Nickle
Director	Dick Donnelly
Property Manager	Tony Falco / (Karin Desmone)

Golden Acres Recreation Committee 2024-2025

Chairperson	Maureen Shannon
Vice-Chairperson	Eleanor Saunders
Treasurer	Glenda Spafford
Secretary	Bob Mickle
Bingo	Anne Knott
Kitchen	Deb Pollard
Member-at-Large	Richard Barnes

Events

Bingo Committee	Anne Knott, Marilyn McKay, Paula Bunevith
Darts League	
Fun Shuffle	Team Captains
Golf	Ron Tasior and Ed Richtmyer
Health and Welfare	Master of Ceremonies (Coffee Hour)
Indoor Exercise	Elaine Janes, Carol Spinney
Newsletter Editor	Sue Bailey
Paddling Club	
Pickleball	Staicy Boyd Gunter
Pool Exercise	Debra Farris
Progressive Cards	Dave & Lynn Roselli
Shuffleboard	Rose West

President's Report

By Tammy Davis #21

Happy Valentine's Day to everyone.

Our members' annual meeting and elections are scheduled for Wednesday, February 12 at 10:00 a.m. in the Clubhouse. Hope to see you there.

If you haven't done so already, please complete your ACH forms for ProActive. We have many new faces in the park, so please take the time to introduce yourself if you have the opportunity to do so.

Owners, if you rent your units, please make sure you leave a copy of our rules available for your tenants to read. We also have a copy of our rules in the Clubhouse library.

Our activities are in full swing at the Clubhouse, so please sign up and participate.



From the Editor's Desk

By Sue Bailey #188

suebail999@gmail.com



Our busy social life here at Golden Acres continues in February. The calendar is really chucked full of things to do this month, including blood pressure clinic, Valentine's Day Dance, pancake breakfast, and progressive cards. Plus, our weekly repeats for almost every day of the week. It sounds like a great time for all. If you haven't participated in the past, please do. I'm sure you will enjoy it!

As February progresses, here are some important days to remember:

February 1st in the United States National Freedom Day is observed. It honors the signing of a resolution by President Abraham Lincoln that proposed the 13th amendment of the nation's constitution to outlaw slavery. It is a time to promote good will, equality, and to appreciate freedom.

February 2nd, Groundhog's Day in the United States is a popular observance centering on the groundhog, Punxsutawney Phil, living at Gobbler's Knob (near Punxsutawney, PA) coming out of his home to predict the weather. If he sees his shadow, six more weeks of winter, if not, spring is just around the corner.

February 12th is observed as Lincoln's Birthday in the United States. He was the 16th President of the United States and was known as the Great Emancipator.

February 14th is observed as Valentine's Day, an occasion to celebrate romantic love.

February 15th is National Flag Day of Canada.

February 17th is a National Holiday in the United States named President's Day to honor the life and work of George Washington, the first president. Some states consolidate Washington and Lincoln's birthday on this day. In Canada, it is Family Day. Originally created to give people time to spend with their families. Activities include skating, playing hockey, snowboarding/skiing, and going to various winter festivals. The best things about Family Day are beaver tails and pancakes with maple syrup.

For all of you contributing articles and pictures for the February Newsletter, many thanks. Let us all continue sending articles and pictures for each month of the year!

Quote of the Month: “It took me a long time not to judge myself through someone else’s eyes.” – *Sally Field, American actress and director*

Until next time,
May God bless and keep you well and safe...

Rec Comm Report, February 2025

By Maureen Shannon #200 Recreation Committee Chair
mshannon@capecod.edu 508-776-8778

By the time you read this we will be well into our GA activities. By now, most neighbors are back. Welcome!

Please remember to check the club house for sign-up sheets. Everyone is invited.

Thank you to everyone who stepped up to help with Christmas decorations, luminary bags, Christmas dinner (Deb Pollard #221 & Bev Collins #143), New Years eve dance (Jack, Claudia (141), Nancy & Eric #67). Great feedback for all events.

All events, bingo, cards, jamming, and breakfast have started. Please see sign-up sheets in the club house.

By the time the bulletin goes to press, we will have enjoyed our meet and greet. Pajama Rama Jam with Jason DJ. Thank you, Mark & Lin Johnson (174) for always stepping up.

Please watch for information for the Valentines and St Patrick’s day dance to follow. Also, the carport sale is February 22nd, and the Penny Sale is scheduled for March 1st.

Wednesday Weeklies are off to a great start. Coffee & donuts will be available until they are gone. Looking forward to seeing you on Wednesdays at 9:00 am. The sign-up sheets are posted in the Club House to assist with coffee. Please consider signing up for one day. Please come and meet your neighbors.

As the season progresses, please consider hosting and/or assisting with an event. Sign-up sheets will be posted in the Club House. If you need any information, please contact me, Eleanor Saunders #76, or any other Rec Committee member.

As we advance into January, Bingo, Breakfast, Cards, etc. have started. The Monthly calendar will be in the GA Monthly Media booklet. The Events calendar will be posted in the Club House. Please check occasionally for any changes.

We’d love to have you join us. Please try to attend as many events as possible. This is our village, our TEAM. Together Everyone Achieves more. **THANK YOU.**

REMINDER

BACK DUMPSTER

Hello community members, the back dumpster is not for building materials or household items such as carpeting.

It is for yard waste only and AWO is the only one to put these items in there. No throwing these items over the fence.

If you have leaves put them in plastic bags and leave them on the sidewalk and AWO will pick them up. Large yard waste palm fronds, and tree limbs place on the curb.

You can also put yard waste in your green barrel and the town will take it on Trash day.

Thank you

50th Anniversary 2025 Has Been Canceled

By Paula Bunevith #202 & Kathy Schmitt #217

No one is celebrating their 50th anniversary this year. It is canceled for Sunday February 9, 2025, from 1 to 3 pm in our clubhouse.

Christmas Dinner

By Steve and Debbie Pollard # 221

On Wednesday, December 25th, 19 community members enjoyed a delicious meal and conversation together. 2 turkeys were cooked, dressing, gravy, mashed potatoes, scalloped potatoes, green beans, corn, cooked beets, broccoli/ cauliflower casserole, cranberry sauce, salad, deviled eggs, rolls and butter and we don't want to forget about dessert! Everyone had a great time and were able to visit each other.

I want to thank Staicy Gunter #46 and Colleen Forster #128 for baking the turkeys. Also want to thank Marilyn Burton #194, and Gary and Bev Collins #143 for helping set up the hall. I wanted to thank everybody who helped take down and put the hall back to normal.

Wishing all a Happy and Blessed Year!

Tribute to Television - CAN/AM

By Robin Jewell and Jimmy List #19



What was your favorite show growing up? Beverly Hillbillies, I Love Lucy, The Newlywed Game A commercial you enjoyed; thought it was funny or was unforgettable. A Little Dab Wil Do You. Hey, Mikey Likes It! Where's the Beef?..... Start thinking 🤔 Show is on March 7th, sign up at the clubhouse.

Any questions please contact Jimmy or Robin, coach 19.

GA Water Conservation Tips

By Cris Sprague #96

In December 2023 this article was included in our newsletter. Everything in it is still very relevant but I just wanted to share with you how quickly things can change. In October part of Halifax was put into a voluntary water consumption program due to a lack of rain from mid-summer onward. The reservoirs were extremely low and wells in the rural areas had gone dry. After several weeks it had not improved so it was changed to a mandatory restriction. This meant no washing car, watering lawns or gardens, short showers, reducing laundry and worst of all not allowing truckloads of water to fill the rural wells. This lasted till mid-December. Mother Nature finally helped.

Since we arrived on December 29th, I have still been in the conservation mode. Two weeks ago, I could faintly hear water running in the bathroom but not visible in the bowl. By turning off the water to the toilet tank we discovered a leak in the reservoir which we could not repair. As a result, we got a new toilet. This just shows how easily leaks can occur and go unnoticed.

Have a cup of coffee and refresh yourselves on the tips below. They will help with our water consumption here as well as at our northern homes.

GA Water Conservation Tips

A couple of times last winter at our community meetings a discussion took place about being conscious of how much water we use and ways of trying to cut back on that usage. I had mentioned that at our home in Nova Scotia several summers we were put on a three-month water conservation due to very low rain. Since we also must pay the city for our water in Nova Scotia, I have continued using several of them.

I mentioned to Sue Bailey that I would gladly share them for the park newsletter. You may even find that there are some on the list that you want to take back to your homes when you leave in the spring as it may apply better there than at GA. You may also find that some are already a part of your daily life.

1. Install low flow shower heads and on sink taps.
2. Install a dual flush toilet when doing a bathroom upgrade.
3. Use the saying for flushing: "If it is brown, flush it down, if its yellow let it mellow."
4. Take shorter showers by reducing shower time by a couple of minutes.
5. Turn off the tap while brushing your teeth or even use just a glass of water.
6. Fill the sink with water while shaving or washing face and hands rather than letting the water run continuously. Also, it will help reduce your water heating bill.
7. Wash only full loads of laundry and dishes.
8. Check for running toilets by putting food colouring in the tank. If the water in the bowl starts to turn colour you have a slow leak and may need to replace the ball. Another way is to turn the tank off for a couple of hours. If the water level in the tank drops, you have a leak.
9. Reduce car/RV washing unless it is dirty. Make sure the hose is not running when laying on ground during washing.
10. Check for leaks/drips often anywhere there is pipe/plumbing inside and out.
11. Use rain barrels (if allowed) to catch water and use for watering gardens and grass. This may only be helpful in our summer homes.
12. Use mulch in gardens and on plants to help retain moisture and water less.
13. Sweep driveways and walkways rather than using garden hose or pressure washer each time.
14. If using dehumidifier, take the collected water to water your plants or garden.

Florida Musings

DID YOU KNOW...

The Florida Reef is **the only living coral barrier reef in the continental United States**. It is also the third largest coral barrier reef system in the world, after the Australian Great Barrier Reef and the Belize Barrier Reef.

What Are PFAS?

From NIH (News in Health) [newsinhealth.nih.gov](https://www.niehs.nih.gov/newsinhealth.nih.gov)

Chemicals called PFAS are sometimes in the news. PFAS stands for perfluoroalkyl and polyfluoroalkyl substances. PFAS are widely used and long-lasting. They're found in everyday items like carpets, clothes, and cookware. They have many uses. For example, they can help keep food from sticking to packages and prevent stains on fabrics. PFAS are even used in some fire-fighting foams.

These chemicals do not break down easily in the environment. And they can build up in blood over time. Some studies have found that PFAS can be detected in the blood and urine of people and animals.

Scientists are working to better understand how PFAS might affect human health. Some studies have found links between PFAS and an increased risk for some cancers. Others have found that PFAS are linked to changes in metabolism or body weight.

In the early 2000s, some PFAS chemicals were removed from consumer products. One study found that blood levels of the chemicals dropped after that. But since then, new PFAS chemicals have been created. NIH-supported studies are continuing to assess the potential health effects of these new products. But because there are thousands of variations in PFAS chemicals, they can be hard to study. To learn more, visit www.niehs.nih.gov/health/topics/agents/pfc.

Tech Support Scams

By Sue Bailey #188 as an AARP Fraud Watch Fighter

Free Helpline at (877) 908-3360 or

<https://www.aarp.org/benefits-discounts/all/aarp-fraud-helpline/>

Tech support scams have been around a long time, but new twists have allowed the crime to flourish.

- This scam typically starts with a pop-up message and possibly a blaring sound on your computer warning there is a critical security issue and to call the provided tech support number.
- The "tech support" person claiming to be from Microsoft or some other big tech company, promises they can help by asking you to provide remote access to your device.
- Once inside, they can plant login-stealing malware designed to expose your usernames and passwords to all of your accounts, including financial ones.
- More complex fraud attacks begin with tech support, then evolve into bank and government impersonation schemes that end with criminals wiping out the victim's financial accounts.
- If you get this kind of frightening pop-up, exit out of your browser. If that doesn't work, press the power button down on your device until it shuts down. After a few minutes, turn it back on and the scary stuff should no longer appear.
- If you're concerned about your device, take it to a big box store or a trusted technician to scan malicious software.

Active-Duty Soldiers to Remember

Please take a moment to offer a prayer of thanks and remembrance to all those who help to protect our way of life. Keep them in your prayers until they return safely to their loved ones.

Adam Coburn (British Army), Nephew of Mildred and David Todd, Lot #2.

Damien Fitzpatrick (Tech Sgt. USAF) Grandson of Judith Fitzpatrick, Lot #87.

Sean Fitzpatrick (Major US Army) Grandson of Judith Fitzpatrick, Lot #87.

Reid Forster (Master Corporal with the 4th Royal Canadian Regiment) son of Dave Forster & Colleen Collins #128

Tim Joy, US Army Special Forces Green Berets, Fort Bragg, NC - Nephew of Jack Terry, Lot #141.

Daniel Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Matthew Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Brian Karhoff (US Army LTC) Son of Nancy Karhoff, Lot #67.

Colleen Terry, US Navy, Petty Officer 3rd class, Naples, Italy - Daughter of Jack Terry, Lot #141.

John Wilson (PFC 1st Class USMC) Iraq – Grandson of Jean Key, Lot #138.

So that we might get to know these courageous soldiers better, I would like to add their pictures to this section. Please forward any photos to Sue Bailey suebail999@gmail.com

For changes to the list of soldiers, please contact Sue Bailey suebail999@gmail.com

Birthdays and Anniversaries

By Norma Moore #54

Acres February Birthdays

We want to mention all those who are celebrating this month and send them our absolute best wishes.

Denise Irwin February 1
Janice Good February 2
Tony Vanderheyden February 3
Micheline Roy February 4
Gerald Saunders February 5
Bo Linden February 7
Brandon Boehme February 9
Pat Courtney Dugan February 10
Paul Casavecchia February 13
Mike Preston February 13
Bethany Chorba February 14
Jim Davis February 14
Mary Stewart February 14
Stephen Swann February 14
Terry Woods February 16
Jean Key February 19
Beverly Collins February 21
Lori Nickle February 21
Anna-Lisa DeLuca February 22
Jeff Dugan February 22

Denise Olsen February 22
Diana Roggenbuck February 22
Katherine Schmitt February 22
Susan Jarema February 23
Mark Kirincich February 23
Anne Knott February 23
Stephen McCann February 24
Barbara Sanford February 24
Michael Stoffel February 26

Golden Acres February Anniversaries

Thomas and Angela Franz February 14
Richard and Patricia Higgins February 14
Steven and Dorene Robertson February 14
Steve and Debbie Pollard February 16
William and Carol Smith February 22

Condolences

Ronald J. Baylor

OCTOBER 6, 1941 – JANUARY 1, 2025

Dunedin, FL – Ron Baylor, age 83, formerly of Bloomfield, NY, passed away on January 1, 2025. He was born in Smithville, NY on 10/06/1941, graduated from Bloomfield Central, Bloomfield, NY. He was very popular in school playing basketball. Then he went to Alfred State College, Alfred, NY, graduated, and got a job with Pollio.

Ron left behind his son, Michael (Amy) Baylor, his granddaughter, Brittany Baylor, grandsons, Andy Buzzard and Josh Buzzard, brother, Doug (Joanne) Baylor, several nieces and nephews, brothers-in-law Chuck (Mary Ann) Bailey, Jack (Sue) Bailey, sisters-in-law Darleen (Pat) House, Debbie Gascon, Margy (Reid) Baker, Sherry (Jim) Powers, Lori (Jeff) Ball, Janine (Tony) Santillo, and many friends.

He was predeceased by his wife of 59 years, Marsha Bailey Baylor, daughter, Shelley Baylor, sister, Joanne Salmon, brother Roger Baylor, and his parents, Paul and Lillian, and in-laws Albert and Margaret Bailey, sisters-in-law include Mary Bailey, Barbara (Louis) Bradford, Patty (Barry) Baxter and brothers-in-law Ed Gascon and Dean Salmon.

In 2007, Ron and Marsha moved to their retirement home in Golden Acres, Dunedin, FL, Lot#196 where both enjoyed golfing on two leagues and other activities within the community.

Cremation has taken place. A graveside service will be held in Bloomfield, NY this summer.



February - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Ping Pong 11am	3 Indoor Exercise 8am Blood Pressure Clinic 9:30-11am Aqua Fit 10:30am Pickleball 5pm Bingo 7-9pm	4 Golf League Countryway 7:45am Walking with Belinda 10am Bridge 2-4pm Euchre League 6:30pm	5 Weekly Update 9am Aqua Fit 10:30am Bowling 3:15pm Ballroom Dancing 4-5pm Pickleball 5pm Shuffle under Stars 7-9pm	6 Indoor Exercise 8am Golf League Tarpon Springs 8:30am Walking with Belinda 10am Darts & Ping Pong 7pm	7 Aqua Fit 10:30am	8
9 Ping Pong 11am Super Bowl 5:30 Jammin' with Jim 7pm	10 Indoor Exercise 8am Aqua Fit 10:30am Deadline for March 2025 Newsletter 5pm Pickleball 5pm Bingo 7-9pm	11 Golf League Countryway 7:45am Walking with Belinda 10am Bridge 2-4pm Euchre League 6:30pm	12 Weekly Update 9am Aqua Fit 10:30am Bowling 3:15pm Ballroom Dancing 4-5pm Pickleball 5pm Shuffle under Stars 7-9pm	13 Indoor Exercise 8am Golf League Tarpon Springs 8:30am Walking with Belinda 10am Darts & Ping Pong 7pm	14 Aqua Fit 10:30am Valentine's Day Dance (Soul Fish) 7-10pm	15 Pancake Breakfast 8-9am Progressive Cards 7-9pm
16 Ping Pong 11am Jammin' with Jim 7pm	17 Indoor Exercise 8am Aqua Fit 10:30am Pickleball 5pm Bingo 7-9pm	18 Golf League Countryway 7:45am Walking with Belinda 10am Bridge 2-4pm Euchre League 6:30pm	19 Weekly Update 9am Aqua Fit 10:30am Bowling 3:15pm Ballroom Dancing 4-5pm Pickleball 5pm Shuffle under Stars 7-9pm	20 Indoor Exercise 8am Golf League Tarpon Springs 8:30am Walking with Belinda 10am Darts & Ping Pong 7pm	21 Aqua Fit 10:30am	22 Carport Sales 8am-noon
23 Ping Pong 11am	24 Indoor Exercise 8am Aqua Fit 10:30am Bingo 7-9pm	25 Golf League Countryway 7:45am Walking with Belinda 10am Bridge 2-4pm Euchre League 6:30pm	26 Weekly Update 9am Aqua Fit 10:30am Bowling 3:15pm Ballroom Dancing 4-5pm Pickleball 5pm Shuffle under Stars 7-9pm	7 Indoor Exercise 8am Golf League Tarpon Springs 8:30am Walking with Belinda 10am Darts & Ping Pong 7pm	28 Aqua Fit 10:30am	