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### **Golden Acres R. O. Association, Inc. 2025-2026**

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<b>President</b>	<b>Tammy Davis</b>
<b>Vice President</b>	<b>James Schmitt</b>
<b>Treasurer</b>	<b>Randy Nickle</b>
<b>Secretary</b>	<b>Don Webb</b>
<b>Director</b>	<b>Dick Donnally</b>
<b>Director</b>	<b>John Nabb</b>
<b>Director</b>	<b>Gordon Spafford</b>
<b>Property Manager</b>	<b>Tony Falco / (Karin Desmone)</b>

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### **Golden Acres Recreation Committee 2025-2026**

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<b>Chairperson</b>	<b>Maureen Shannon</b>
<b>Vice-Chairperson</b>	<b>Eleanor Saunders</b>
<b>Treasurer</b>	<b>Glenda Spafford</b>
<b>Secretary</b>	<b>Richard Barnes</b>
<b>Bingo</b>	<b>Anne Knott</b>
<b>Kitchen</b>	<b>Deb Pollard</b>
<b>Member-at-Large</b>	

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### **Events**

<b>Bingo Committee</b>	<b>Anne Knott, Marilyn McKay, Paula Bunevith</b>
<b>Darts League</b>	
<b>Fun Shuffle</b>	<b>Team Captains</b>
<b>Golf</b>	<b>Ron Tasior and Ed Richtmyer</b>
<b>Health and Welfare</b>	<b>Master of Ceremonies (Coffee Hour)</b>
<b>Indoor Exercise</b>	<b>Elaine Janes, Carol Spinney</b>
<b>Newsletter Editor</b>	<b>Sue Bailey</b>
<b>Paddling Club</b>	
<b>Pickleball</b>	<b>Staicy Boyd Gunter</b>
<b>Pool Exercise</b>	<b>Debra Farris</b>
<b>Progressive Cards</b>	<b>Dave &amp; Lynn Roselli</b>
<b>Shuffleboard</b>	<b>Rose West</b>

## President's Report

By Tammy Davis #21

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Hello Golden Acres family,

Please welcome Gordie Spafford to the Board of Directors. Gordie will be serving a three-year term. I would like to thank the members who have volunteered their time and talent this season.

We created the 1050 Main Street committee and the Maintenance Committee to help the park achieve our objectives. We will continue to communicate our progress with these committees throughout the summer.

At this time, we have three units for sale.

As a friendly reminder, please sign out at the office when you leave for the season. For those traveling back home in April, safe travels.

Happy Easter to you and your families.



## Greetings from the Office

By Karin Desmone #1

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Please welcome Karl & Pat Deering #196 to the neighborhood. Congratulations and may you find lots of happiness, fun, and laughter at your new residence.

## CLOSING UP FOR THE SUMMER.

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As some of us are getting ready to close up for the summer here are a few helpful hints.

1. Any items outside of the coach or in the car port must be secured.
2. Garbage containers must be tied down or left in the shed. The park is not responsible for any items.
3. All other outdoor items, (chairs, tables, flowerpots, figurines etc. must be put in the shed or coach.
4. Trim all shrubs and plants.
5. Make sure gutters and downspouts are clear.  
Make sure your water is Turned OFF.
6. DO NOT leave any items unsecured behind the coach or in the carport. Make sure the office has a good contact number so you can be reached while away(and) sign out.
7. Put a change of address in the post office, you must go there and show your ID.
8. Call the Sheriff's Department asking for communications and tell them you would like a home check, because you are leaving. They will ask a few questions. This is a free service, and they come and check on your place.
9. Duke Energy has a shut-off policy. If you are shutting off your electricity, call them and ask them to verify this information.
10. Cancel your newspaper if you are still getting it.
11. Disconnect battery cables to e-bikes, golf carts and vehicles.

## From the Editor's Desk

By Sue Bailey #188  
suebail999@gmail.com

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Happy Easter!

As always Golden Acres had a very busy month in March. Since the deadline for April is March 11th, all activities from that date to the end of March will be reported in May. Those include a Pancake Breakfast, Progressive Cards, St. Patrick's Dance, Golf Banquet, and Board Picnic.

As April approaches, here are some notable events to remember:

- April Fools' Day on April 1st (sometimes called All Fools Day) is one of the most light-hearted days of the year. It is celebrated by people playing practical jokes and hoaxes on each other and the victims are the "April Fools".
- National Tartan Day is April 6th and is celebrated in both the United States and Canada. It honors and celebrates Scottish culture, and it is typically celebrated with parades, pipe bands, Highland dancing, and other Scottish themed events.
- April 9th is Vimy Ridge Day to commemorate the deaths and casualties of members of the Canadian Corps during World War 1 in the Battle of Vimy Ridge, France in 1917.
- April 15th is the deadline for filing income taxes here in the United States, but Canadians have a couple more weeks since your taxes are due on April 30th.
- Easter is on April 20th. Happy Easter Everyone!
- April 21st is Easter Monday and has been a public holiday in Canada since 1879. However, in 1982, the Canadian government per the proposal of Canadian MPs Herb Gray and Robert Kaplan modified the observance of the Easter Monday holiday to be movable to the Monday following Easter Sunday.
- April 22nd is Earth Day, a special day that celebrates the Earth. Try to do some of these things: Volunteer to help clean up and restore a "green space"; try to go the whole day without creating garbage; and/or update your light bulbs to energy-saving ones.
- The week of April 22nd is also Administrative Professionals' Day. So don't forget to give thanks to our own Administrative Professional Karin Desmone.
- April 25th is Arbor Day when the Arbor Day Foundation inspires people to plant, nurture, and celebrate trees. A single tree can absorb as much as 48 pounds of carbon dioxide per year and can seize one ton of carbon dioxide by the time it reaches 40 years old. So, visit a park with green areas with beautiful trees and hug a tree.
- As many of you will be leaving this month for your summer homes, I want to wish you safe traveling and a wonderful summer. I look forward to seeing you again in the fall. Farewell.

**Quote of the Month:** "Every morning starts a new page in your story. Make it a great one today." - *Doe Zantamata, Author*

Until next time,  
May God bless and keep you well and safe...

## **Rec Committee Report April 2025**

*By Maureen Shanno, Chair #200*

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By the time you read this, most of our annual events will be over. Many of our seasonal residents will be getting ready to go home and a few will be gone. Safe travels. See you again later in the year.

Thank you all! We couldn't do half of the activities without YOUR help! We've had an incredible season:

Thanksgiving dinner, setting up luminaries, Christmas dinner, New Years eve dance, weekly bingo and cards, 3 breakfasts, Meet and Greet, Valentine's dance, carport sale, penny sale bazaar, sip & paint. CanAm, Roc Opra Natra concert, and St Patrick's day dance. The winter/spring season will end with a Spring fling block party, with live music hosted by Claudia Burke and Jack Terry. And last but not least, is Easter dinner hosted by Paula & Joe Bunevith. Please watch for sign-up sheet is the clubhouse.

Wednesday Weeklies were well attended this season. In case you didn't know, coffee & donuts are available until gone. If you haven't come this year, try it next season. It's a great way to meet your neighbors. Thank you to all that purchased 50/50 raffle tickets. This allows us to donate to a charity of our choice.

As the season comes to an end, we are busy working on the NEXT Seasons calendar. Please consider hosting and/or assisting with an event next year. Sign-up sheets are usually posted in the Club House. If you need any other information, please feel free to contact me, Eleanor Saunders, or any other Rec Committee member.

Your help/assistance allows us to have all the events in our park. That being said, a special thanks to Robin Jewel and Jim List for hosting CanAm for 3 years –always a spectacular event. Please consider hosting CanAm next year; Robin Jewell and Jim List are willing to help, but are unable to host this great event.

Remember, there is a Summer Rec committee. Their activities will be posted in the GA Monthly Media booklet on the calendar page. The Events calendar will be posted in the Club House. Please check occasionally for any changes.

This is our village, our TEAM. Together Everyone Achieves More.

**T H A N K   Y O U.**

## **Carport Sale - Feb 22, 2025**

*By Eleanor Saunders #76*

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Thank you to all residents (approx. 15) that participated in the annual Carport Sale; and to Mary and Rennie Wittenbols #65 and Pat and Mary Blaney #163 for passing out the park maps to arriving visitors; and to Mark and Lynn Johnson #174 for putting out the billboard signs at the 2 entrances of the park.

The Recreation Committee would like feedback as to the popularity of this event for 2026. It appears that the number of participating residents is declining. The Recreation Committee does pay to have this event advertised in the Monthly Media Magazine.

If anyone is interested in hosting the event for 2026, please see Eleanor Saunders #76.

## Golden Acres Penny Bazaar - March 1, 2025

By Pat Vanderheyden #23 & Eleanor Saunders #76

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Thank you, residents of Golden Acres, for supporting this event. The Penny Bazaar committee worked extremely hard to make this event fun. Thanks to our residents that donated and purchased items from the different tables; residents that purchased LOTS OF TICKETS at the penny raffle.

Thank you to our talented crafters for participating in the event. Your involvement was much appreciated and was a popular spot for all who attended.

### THANK YOU TO:

- 20 hardworking, dedicated volunteers
- Stephen Pollard #221 for delivering leftover white elephant items to the thrift shop
- Mark Johnson #174 for putting out the billboard signs
- Friday setup crew - Tony Vanderheyden #23, Steve and Patty Cockerill #16, and for all others who helped set up tables
- Saturday reassembling crew
- Bankers - Marie Nieszyewski #152 and Judy Fitzpatrick #87

Penny	\$777.00
Jewelry	\$161.10
Bakery	\$435.50
White elephant	\$243.30
Kitchen	\$329.00
Miscellaneous	\$ 44.00
<b>TOTAL</b>	<b><u>\$1989.90</u></b>

Expenses	\$155.27
Float	\$200.00

**TOTAL AFTER EXPENSES    \$1634.63**

**Thank you,  
Eleanor Saunders #76  
Pat Vanderheyden #23**

## Calling One Calling All

By Glenda Spafford #151

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Golden Acres Recreation Committee needs a Host or Hostess for Annual Christmas Dinner at the clubhouse.

Please Contact  
Glenda Spafford  
Unit 151  
416-500-0864

Thanking you in advance



## WHAT ARE THE CHANCES....UNBELIEVABLE!!

By Jim Zweifel #223

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It happened today (February 18, 2025) to our own Golden Acres residents Glenda and Gordon Spafford #151 at Countryway Golf Club. Glenda had a hole-in-one on #12; Gordon had a hole-in-one on #16. Congrats from the golf league and all of us at Golden Acres.



## Paint & Sip

By Dan & Maureen Perry #209

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48 people attended. The painting was a Whimsical Hydrangeas Arrangement. A good time was had by all!



## Valentine's Dance

*By Steve and Linda Swann (219)*

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This year's Valentine's Day Dance was held on February 14, 2025. Eighty-three residents and guests attended. Dancers were treated to familiar tunes performed by Soul Fish. The band was a big hit as they performed popular 70's and 80's tunes! The color red was in full swing out on the dance floor. The kissing booth was a hit with several Valentine couples taking pictures.

The dance was hosted by Steve and Linda Swann. Thank you to the volunteers who helped with decorating, set-up, clean-up, and ticket sales. Our hall looked great with red all around. Several nice door prizes were donated. They include very generous gifts donated by Eddie's, Draught House, Country Boy, Pinehurst Pub, and Ace Hardware. Please mention Golden Acres and thank them for their donated gifts when visiting these businesses. In addition, special thanks to Sheona Ayles (Coach #74) for the beautiful, framed photograph she created and donated.

Thanks for supporting our fun dance at Golden Acres!





## Florida Musings

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### DID YOU KNOW...

Rip currents kill more people in Florida during an average year than hurricanes, tornadoes, and lightning combined.

### Changes in Balance

*From NIH (News in Health) [newsinhealth.nih.gov](http://newsinhealth.nih.gov)*

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Balance showed the greatest decrease with age, especially the ability to stand on one leg for at least 30 seconds. Single leg standing time on the non-dominant leg dropped by 21% per decade of age. On the dominant leg, it dropped by 17% per decade. When standing on both feet, people who were older tended to move or sway more. The findings suggest that how long a person can stand on only a nondominant leg may be an easy and reliable way to assess health in aging populations. “Changes in balance are noteworthy. If you have poor balance, you’re at risk of falling,” explains Dr. Kenton Kaufman of the Mayo Clinic. “Falls are a severe health risk with serious consequences.”

#### Lower Your Risk of Falling

- Talk openly with your health care provider about falls.
- Find out about the side effects of any medicine you take.
- Stay physically active to improve your balance and strength.
- Have your eyes and hearing checked regularly.
- See your health care provider about any foot problems. Make sure to discuss proper footwear.
- Make your home safer. Remove things you can trip over from stairs and walkways. Have grab bars and non-slip mats in bathrooms.
- Hold on to handrails when using stairs.



# Why Grandparent Scams Live On

By Sue Bailey #188 as an AARP Fraud Watch Fighter

Free Helpline at (877) 908-3360 or

<https://www.aarp.org/benefits-discounts/all/aarp-fraud-helpline/>

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Criminals will exploit any opportunity to steal your money, and family connections are no exception. The “grandparent scam” has been around for years; and like many other successful schemes, it's deliberately designed to get targets into a heightened emotional state.

## How It Works

- You receive a phone call or text from a panicked grandchild or other family member.
- They say they're in a time-sensitive crisis, hospitalized after a car accident or jailed for example—and begging for immediate financial help.
- They may hand the phone over to someone they say is a police officer, lawyer or court official who provides detailed instructions for sending money.
- You may be asked to send money via gift cards, wire transfer, cryptocurrency or to provide cash, which someone will pick up from your home.
- Your loved one or the official may also insist you keep the incident a secret and not involve others.

## What You Should Know

- Criminals mine social media and purchase stolen data for personal information they can use to craft believable storylines.
- While these scams have been effective for years, criminals now have the advantage of artificial intelligence (AI) to make voices and images that are much more convincing.
- Scammers use our emotions against us, such as fear and panic over the safety of a loved one. These emotions make it hard for us to access logical thinking.
- Whenever an unexpected communication puts you into a state of high emotion and involves urgency, let that be your signal to slow down and think things over because it may be a scam.

## What You Should Do

- Adjust privacy settings on your social media accounts so that only people you know can access your posts and photos.
- As hard as it may be in the moment, disengage from a loved one's distress call that seeks urgent financial help. Give yourself a moment to check on the person; call them directly or call a family member to check things out.
- If you or someone you know has experienced this scam, seek to limit the financial damage—contact your bank if the transaction involved your account, or contact the gift card issuer (see the back of the card) to see if they can help you recover any funds if that was the mode.
- Report the crime to local law enforcement, and press for a written report even if you experience resistance. You will want a record of the crime in the event there is a means for restitution down the road.

Knowledge gives you power over scams. AARP Fraud Watch Network TM equips you with reliable, up-to-date insights and connects you to our free fraud helpline so you can better protect yourself and loved ones. We also advocate at the state, federal and local levels to enact policy changes that protect consumers and enforce laws.

## Active-Duty Soldiers to Remember

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Please take a moment to offer a prayer of thanks and remembrance to all those who help to protect our way of life. Keep them in your prayers until they return safely to their loved ones.

Adam Coburn (British Army), Nephew of Mildred and David Todd, Lot #2.

Damien Fitzpatrick (Tech Sgt. USAF) Grandson of Judith Fitzpatrick, Lot #87.

Sean Fitzpatrick (Major US Army) Grandson of Judith Fitzpatrick, Lot #87.

Reid Forster (Master Corporal with the 4th Royal Canadian Regiment) son of Dave Forster & Colleen Collins #128

Tim Joy, US Army Special Forces Green Berets, Fort Bragg, NC - Nephew of Jack Terry, Lot #141.

Daniel Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Matthew Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Brian Karhoff (US Army LTC) Son of Nancy Karhoff, Lot #67.

Colleen Terry, US Navy, Petty Officer 3rd class, Naples, Italy - Daughter of Jack Terry, Lot #141.

John Wilson (PFC 1st Class USMC) Iraq – Grandson of Jean Key, Lot #138.

**New Addition:** Joshua Ryan Torres Air Force National Guard Staff Sargent (EOD unit) deployed – Son of Susan Franco, Lot #17



So that we might get to know these courageous soldiers better, I would like to add their pictures to this section. Please forward any photos to Sue Bailey [suebail999@gmail.com](mailto:suebail999@gmail.com)

For changes to the list of soldiers, please contact Sue Bailey [suebail999@gmail.com](mailto:suebail999@gmail.com)

## Birthdays and Anniversaries

By Norma Moore #54

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### Golden Acres April Birthdays

We want to mention all those who are celebrating this month and send them our absolute best wishes.

Wendy Modny	.....	April 2
David Merriam	.....	April 5
Jeff Zehnder	.....	April 5
Ed Richtmyer	.....	April 7
Ronald Vito	.....	April 8
Rita Syroteuk	.....	April 9
Linda MacDonald	.....	April 10
Kevin Rainsforth	.....	April 10
Vincent Anton	.....	April 11
Mike Frederick	.....	April 12
Gerald Baker	.....	April 13
Christine Sprague	.....	April 14
Paul Colby	.....	April 15
Rose Franco	.....	April 16
Carole Doyon	.....	April 17
Belinda Sezbenski	.....	April 19
Staicy Boyd	.....	April 20
Denis DeLuca	.....	April 20
Lori Barnes	.....	April 21
John Cobb	.....	April 21
Kevin Pursell	.....	April 21
Phyllis Cullen	.....	April 22
Elaine Mackey	.....	April 23
George Moore	.....	April 23
Jeanette Bambach	.....	April 25
Jackie Cunningham	.....	April 25
David Todd	.....	April 26
Jack Bailey	.....	April 27
Mary Orman	.....	April 27
Jack Terry	.....	April 27
Linda Clark	.....	April 28
Stephen Cockerill	.....	April 28
Anna Karlnoski	.....	April 28

### Golden Acres April Anniversaries

John and Margaret Sannachan	.....	April 4
Alan and Barbara Zunich	.....	April 6
Dennis and Jackie Cunningham	.....	April 8
Bruce Gunter and Staicy Boyd	.....	April 11
Denis and Anna-Lisa DeLuca	.....	April 23
Tod and Heather Blanchard	.....	April 30

## April – 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Aqua Fit 10:30am	8	9 Weekly Update 9am Aqua Fit 10:30am	10 Deadline for May Newsletter	11 Aqua Fit 10:30am	12
13	14 Aqua Fit 10:30am	15 U. S. Tax Day	16 Weekly Update 9am Aqua Fit 10:30am	17	18 Aqua Fit 10:30am	19
20 Easter  Easter Potluck Dinner 2-4pm	21 Easter Monday Aqua Fit 10:30am	22 Earth Day	23 Weekly Update 9am Aqua Fit 10:30am	24	25 Arbor Day Aqua Fit 10:30am	26
27	28 Aqua Fit 10:30am	29	30 Weekly Update 9am Aqua Fit 10:30am Canada Tax Day			