



Golden Acres R. O. Association, Inc. 2025-2026

President	Tammy Davis
Vice President	James Schmitt
Treasurer	Randy Nickle
Secretary	Don Webb
Director	Dick Donnally
Director	John Nabb
Director	Gordon Spafford
Property Manager	Tony Falco / (Karin Desmone)

Golden Acres Recreation Committee 2025-2026

Chairperson	Maureen Shannon
Vice-Chairperson	Eleanor Saunders
Treasurer	Glenda Spafford
Secretary	Richard Barnes
Bingo	Anne Knott
Kitchen	Deb Pollard
Member-at-Large	

Events

Bingo Committee	Anne Knott, Marilyn McKay, Paula Bunevith
Darts League	
Fun Shuffle	Team Captains
Golf	Ron Tasior and Ed Richtmyer
Health and Welfare	Master of Ceremonies (Coffee Hour)
Indoor Exercise	Elaine Janes
Newsletter Editor	Sue Bailey
Paddling Club	
Pickleball	Staicy Boyd Gunter
Pool Exercise	Debra Farris
Progressive Cards	Dave & Lynn Roselli
Shuffleboard	Rose West

President's Report

By Tammy Davis #21

We hope everyone is having a great summer!

To better serve our community needs, we are excited to announce that effective July 1, 2025, we are welcoming Qualified Property Management, Inc. (QPM) as our new management company.

We want the community to know that we carefully considered the impact this change would have on everyone. The board interviewed three companies and conducted a thorough review before selecting QPM.

We understand that changes of this nature can be concerning. Please, I assure you QPM is committed to a seamless transition and will provide support throughout this process.

Over the next several weeks you will be receiving information from QPM.

The board thanks you in advance for your support during this time of change and transition.



From the Editor's Desk

By Sue Bailey #188

suebail999@gmail.com

Happy Canada Day on July 1st to all our Canadian Counterparts! Happy Independence Day on July 4th to all our USA residents! I hope everyone is enjoying their summer. Things are quiet here at Golden Acres with not much happening. As of this writing, it has been very hot here and we have had a minimal amount of rain, unlike other areas of the country.

The summer Recreation Committee has planned activities to look forward to such as luncheons and activities to get together.

Enjoy your summer, stay well, appreciate the company of your families and friends, and be safe on your vacations.

Quote of the Month: "Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down. – Roy T. Bennett, author

Until next time,
May God bless and keep you well and safe...

Greetings from the Office

By Karin Desmone

Please welcome Scott & Penelope Meka #187. Congratulations and may you find lots of happiness, fun, and laughter at your new residence.

Fishing in Northern Ontario

By Manfred Grasser #178

Larry Berube #85 fishing in Northern Ontario.



Aqua Fit for Summer

By Debra Farris #28

Aqua Fit is paused for the summer months of July, August, and September. It will be reevaluated in October.

Successful Hip Surgery

By MaryEllen Hearn #18

I want to thank everyone for their prayers for a very successful hip surgery on May 30th!

Hand Made Truck

By Manfred Grasser #178

Our Grandson, Fraser, turned 2 today (5/17/25) and we gave him a truck that Jack Bailey #188 made. I think posting this in our monthly newsletter will showcase Jack's generosity and kindness to gift a handmade truck. He loves it!



Florida Musings

DID YOU KNOW...

Orlando is home to an entertainment center with a **building constructed upside down**. The **Wonderworks building plays tricks** on the visitors' minds by making them think they are 'seeing things.' The center is billed as an amusement park for the mind because it captivates the imagination.

Summer Recreation Committee

By Debbie Douthit #60

Our summer season began with a fun filled afternoon of “Potheads”. This was a well-attended fun project thank you to Maureen Perry #209 for her guidance and attendees. Bling and bedazzles were donated and shared by all. We would be remiss if not to mention Linda Pianetto, special guest of Cindy Hubbard #114 for the large box of accessories donated for all to share. We will be sharing “bling” for events to come! There was so much stuff to share, and so many great ideas. No two “pot heads” were alike.

As many journey away from the summer heat, those remaining enjoyed our Memorial Day hot dog celebration. Beginning with a word of thanks provided by Sue Toner. Thank you to Mary Ann Zura for the additional potato salad and JoEllen Bryant for the extra sides. We appreciated those who pitched in and quickly provided cleanup prior to a generous “farewell” from all.

Our June luncheon was held at a local favorite restaurant “Pineapple Jacks”. The group was small, but the food and conversation were nothing short of stellar. Please let us know if anyone needs a ride to monthly luncheons.

Don’t forget to stop and visit our Missing Soldier Table which will remain in place until July 5th. For those traveling, feel free to view the photo posted by Gina Douthit #55 on our group Facebook site. The Missing Man Table is a solemn and dignified way to remember and honor, fallen, missing, and imprisoned military personnel. The round table: shows our everlasting concern for our missing men and women. Empty Chair: Represents the absence of the individual they are honoring. White Tablecloth: Symbolizes the purity of their motives when answering the call to serve. The single red rose: displayed in a vase, reminds us of the lives of these Americans and their loved ones and friends who keep the faith while seeking answers. The red ribbon: symbolizes our continued determination to account for our missing. A slice of lemon reminds us of their bitter fate; captured and missing in a foreign land. A pinch of salt symbolizes the tears of our missing and their families who long for the answers after decades of uncertainty. The lighted candle reflects our hope for their return, alive or dead. The bible represents the strength gained through faith to sustain us and those lost from our country, founded as one nation under God. The glass is inverted, symbolizing their inability to share a toast. The chair is empty, the seat that remains unclaimed at the table.

On this note a special thank you to all the military and families marked by the honor and scars of those prior and present service. Their service often comes with significant sacrifices, both seen and unseen.

Please check the calendar and sign-up sheets in the club house for future events.

Summer Recreation Committee: Debbie Douthit #60, Elaine Mackey #59, Gina Douthit #55 and Fran Clark #47

Keep AMD Vision Loss in Check

From NIH (News in Health) newsinhealth.nih.gov

Healthy Lifestyle Can Protect Eye Health

(AMD is an acronym for Age-related Macular Degeneration)

- Eat a healthy diet, including fruits and vegetables (especially dark leafy greens like spinach or kale) and fish high in omega-3 fatty acids (like salmon or tuna).
- Get regular physical activity.
- Experts recommend getting at least 150 minutes of moderate activity a week.
- Maintain healthy blood pressure and cholesterol levels.
- Don’t smoke, or quit if you do. Get free help to quit smoking at smokefree.gov, 1-800-QUIT-NOW (1-800-784-8669), or by texting QUIT to 47848.
- Get regular eye exams. Your eye Doctor can tell you how often you need an exam based on your age and other risk factors.

Don't Let Vacation Trips Get Tripped Up by Scams

By Sue Bailey #188 as an AARP Fraud Watch Fighter

Free Helpline at (877) 908-3360 or

<https://www.aarp.org/benefits-discounts/all/aarp-fraud-helpline/>

The start of summer signals the start of travel season for many. But as you search for your next getaway, criminals are searching for their next opportunity to steal your money or sensitive information through fake listings, bogus deals and other schemes.

Before you book, take a moment to learn how to spot and avoid these common travel scams.

How It Works

- You will find a travel booking site offering exclusive vacation deals far below market value.
- Your rental car search lands you on a site offering fantastic deals.
- You're ready to book your stay using a vacation rental app, and the host asks you to pay outside the platform.

What You Should Know

- Criminals create copycat travel sites that may appear toward the top of your search.
- A fake vacation rental may have been stolen from real property listings and reposted with altered details.
- If a host asks you to pay for your vacation rental outside the app you found the listing on, consider it a scam attempt.

What You Should Do

- As in all other domains, a steeply discounted travel offer should be met with skepticism.
- Avoid search terms like "cheap rental cars" that can draw more scam results.
- Research a new-to-you travel site before booking by searching the company's name along with the word "scam" or "complaint" or "review" to read about other people's experiences.
- Using a credit card to book travel offers stronger protection against fraud than other payment methods.

Active-Duty Soldiers to Remember

Please take a moment to offer a prayer of thanks and remembrance to all those who help to protect our way of life. Keep them in your prayers until they return safely to their loved ones.

Adam Coburn (British Army), Nephew of Mildred and David Todd, Lot #2.

Damien Fitzpatrick (Tech Sgt. USAF) Grandson of Judith Fitzpatrick, Lot #87.

Sean Fitzpatrick (Major US Army) Grandson of Judith Fitzpatrick, Lot #87.

Reid Forster (Master Corporal with the 4th Royal Canadian Regiment) son of Dave Forster & Colleen Collins #128

Tim Joy, US Army Special Forces Green Berets, Fort Bragg, NC - Nephew of Jack Terry, Lot #141.

Daniel Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Matthew Jones (US Navy) Grandson of Carol Diniz, Lot #25.

Brian Karhoff (US Army LTC) Son of Nancy Karhoff, Lot #67.

Colleen Terry, US Navy, Petty Officer 3rd class, Naples, Italy - Daughter of Jack Terry, Lot #141.

Joshua Ryan Torres Air Force National Guard Staff Sargent (EOD unit) deployed – Son of Susan Franco, Lot #17

John Wilson (PFC 1st Class USMC) Iraq – Grandson of Jean Key, Lot #138.

So that we might get to know these courageous soldiers better, I would like to add their pictures to this section. Please forward any photos to Sue Bailey suebail999@gmail.com

For changes to the list of soldiers, please contact Sue Bailey suebail999@gmail.com

Birthdays and Anniversaries

By Norma Moore #54

Golden Acres July Anniversaries

We want to mention all those who are celebrating this month and send them our absolute best wishes.

John and Kathy BurkeJuly 1
Kevin and Pam PurssellJuly 1
Steven and Susan TonerJuly 9
James and Mary StewartJuly 10
Norm and Barbara SanfordJuly 13
John and Kathy CobbJuly 15
Richard and Ann Marie ZakalaJuly 17
Gary and Beverly CollinsJuly 19
Ed and Jean MorinJuly 22
Scott and Carla BoydJuly 27

Golden Acres July Birthdays

Rosalynne Frabotta	July 2
William Erickson	July 2
Gerald Karlnoski	July 3
Nate Cerbelli	July 4
Rita Sheire	July 4
Maureen Perry	July 5
Diane Hetu	July 8
Michael Symak	July 12
Maria Wittenbols	July 12
Robert Eckland	July 13
Kim Germann	July 13
Joe Kotsay	July 13
Gerry Kavanagh	July 14
James Zweifel	July 16
Joe Armeli	July 18
Todd Hollenback	July 18
Richard Sezbenski	July 19
Gail Tasior	July 19
Mario Spadafore	July 20
Nigel Drane	July 21
Mary Capone	July 23
Patricia Cockerill	July 23
Gilles Prescott	July 24
Terry (Dawg) Long	July 25
James Whitney	July 28
Robert Brewer	July 31

July – 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day	2	3	4 Independence Day	5
6	7	8	9	10 Julian's Little Italy Lunch at 12:30	11	12
13 Deadline for August Newsletter at 5pm	14	15	16	17 Activities Day at the clubhouse at 2:00	18	19
20	21	22	23	24	25	26
27	28	29	30	31		